

Self Love Affirmations

1. I AM BEAUTIFUL
2. I AM AUTHENTIC
3. I DESERVE THE BEST KIND OF LOVE
4. MY BODY IS A GIFT THAT I CHERISH
5. MY POTENTIAL IS GREATER THAN THE TALLEST MOUNTAIN
6. STRENGTH FLOWS IN MY VEINS
7. I'M DESERVING OF EVERY GIFT AND TALENT I POSSESS
8. IF IT COSTS ME MY PEACE, THE PRICE IS TOO HIGH
9. I INHALE CONFIDENCE
10. I INSPIRE OTHERS
11. I OWE MYSELF THE LOVE THAT I OPENLY GIVE TO OTHERS
12. I KNOW WHO I AM
13. THIS IS GOING TO BE MY YEAR
14. I FORGIVE MYSELF FOR MISTAKES I'VE MADE
15. I'M TWICE AS POWERFUL AS I THINK I AM
16. I HAVE AN ABUNDANCE OF LOVE
17. I AM SUCCESSFUL
18. EVERY CURVE OF MY BODY IS AN INDIVIDUAL EXPRESSION
19. MY LIFE IS A CELEBRATION OF MY SUCCESSES
20. I AM ENOUGH